# Access to Healthcare for Precariously Insured People Living with HIV

A presentation for:





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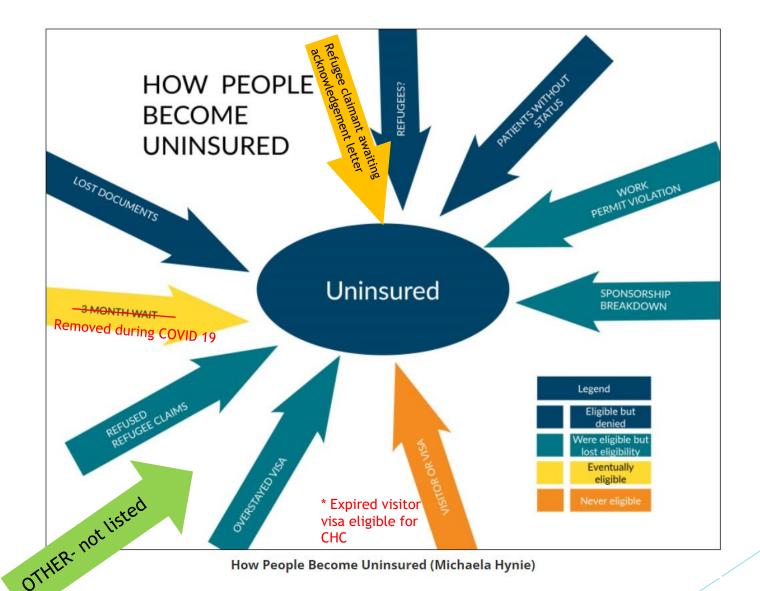
May 26, 2023



## **Learning Objectives**

- 1. To examine and analyze the level of access that individuals with precarious insurance have to healthcare, medication, social services, and related support systems
- 2. To identify ways by which a person transitions to identify as precariously insured
- To understand the specific challenges and barriers faced by individuals living with HIV who
  have precarious insurance in accessing healthcare
- Provide available tools/resources/ supports to increase local capacity to provide HIV primary care to precariously insured populations







# Types of Immigration Applications common for our patient population

- **Study Permit** (6 months or less vs. more than 6 months)
- Work Permits (Employer Specific vs. Open vs. Post Graduate) & (Full time vs. Part time)
- Permanent Resident/ Temporary Resident applications (e.g. Express Entry for skilled workers, Family/ Spousal Sponsorship, many more)
- ▶ **Refugee Claim** (claim made at border vs. claim made after entry vs. claim made at IRCC or CBS office)
- ► Humanitarian and Compassionate Claim (H&C)
- Visitor Visa (valid- can be extended vs. expired)
- Non-status (e.g. any expired/ overstayed visa or rejected application where the person did not leave Canada)

\*IRCC= Immigration, Refugees and Citizenship Canada

\*CBS= Canadian Border Security



Source: https://www.canada.ca/en/services/immigration-citizenship.html

### Who are the precariously insured or Non-insured?

Status	Different groups	
With status but non-insured or precariously insured	<ul> <li>New immigrants or PR in 3 month OHIP waiting period</li> <li>Migrant workers</li> <li>international students</li> </ul>	
Status pending	<ul> <li>applicants with pending inland sponsorship</li> <li>humanitarian and compassionate applicants (H&amp;C)</li> <li>waiting to start application for status but not yet started</li> </ul>	
Between statuses or without status	<ul> <li>Visitor visa</li> <li>Temporary foreign workers between contracts</li> <li>Students graduated but waiting for work visas</li> <li>Rejected refugee claimants who are not deported</li> <li>Those who lost sponsorship due to relationship breakdown</li> <li>Those who lack ID to verify their status due to social situations (e.g. homelessness)</li> </ul>	

3 month waiting period for OHIP waived during COVID-19- for those who are OHIP eligible



### What are the health care & treatment support gaps?

Status	Health care	Lab tests	Medication coverage	Social assistance
<ul> <li>New PR waiting for OHIP</li> <li>Migrant workers</li> <li>international students</li> </ul>	None	None	None	None
	Limited	Limited	None *	None
	Limited	Limited	Minimal	None
<ul><li>Sponsorship pending</li><li>H&amp;C applicants</li><li>Application pending</li></ul>	None	None	None	None
	Maybe	Maybe	Limited	Limited
	None	None	None	None
<ul> <li>Visitor visa</li> <li>Workers between contracts</li> <li>Graduates waiting for work visas</li> <li>Rejected refugee claimants</li> <li>Sponsorship breakdown</li> <li>Other Non-status</li> </ul>	Limited	Minimal	None	None
	None	None	None	None
	None	None	None	None
	Maybe	Maybe	Maybe	Limited
	Maybe	Maybe	Maybe	Limited
	None	None	None	None

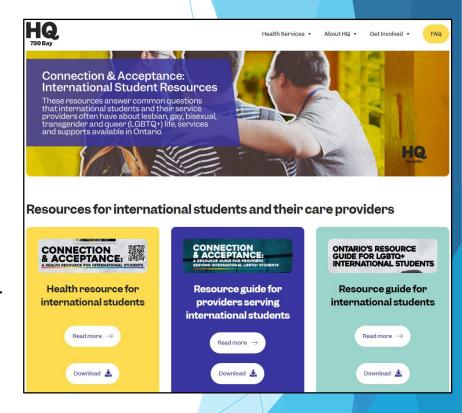
3 month waiting period for OHIP waived during COVID-19- for those who are OHIP eligible



e.g. OW/ ODSP

## **International Students**

- Mandatory for most international students with a study permit
- Often does not cover chronic conditions such as HIV
- May not cover a pre-existing condition if previously HIV +
- Sometimes has a \$ amount limit, which is often used up quickly if applied towards cost of ARVs for treatment of HIV
- Some plans client pays first and is reimbursed later- financial barrier
- Fear that parents or school will find out HIV + status if they submit a claim
- May cover acute/ episodic care or hospital visit- sometimes need preapproval for tests such as CT scan/ X-ray/ MRI
- Most students do not know what their student insurance coversencourage them to request full policy information
- Some schools have on-campus student healthcare services





HQ Resource Guides for International Students: https://hqtoronto.ca/international-student-resources/

## **Work Permits**

- Full-time work permit of at least 6 months PLUS proof of full-time employment = OHIP eligible
- No longer a 3 month OHIP waiting period
- Working full-time hours but contract is part-time = NOT eligible for OHIP
- Cash jobs not applicable (many precariously insured clients work cash based jobs)
- Types of work permits- Employer Specific, Open, Post-Graduate, Study/ Work permit

## **Permanent Residents**

- Also eligible for OHIP once PR received
- Pending PR applicants (such as sponsorships) may be eligible for health care at Community Health Centre
- Refugee claimants once approved have up to 3 months to apply for OHIP before IFH expires







Français



Home > Health and wellness > Health cards, eligibility and coverage

### Apply for OHIP and get a health card

The Ontario Health Insurance Plan (OHIP) pays for many health services you may need. Here's how to apply for OHIP and get a health card.



**Download Registration for Ontario Health Insurance Coverage form** 

There is no longer a waiting period for OHIP coverage. If you are eligible, you will have immediate health insurance coverage. Find out if you qualify.

#### On this page

- 1. Health care in Ontario
- 2. What's covered
- 3. Who qualifies
- 4. Emergency authorizations granted for humanitarian reasons
- 5. How to apply
- 6. Reapplying for OHIP

- 7. OHIP for babies
- 8. OHIP for adopted children
- 9. OHIP for military family members
- 10. Visitors to Ontario
- 11. Requesting a review



Source: https://www.ontario.ca/page/apply-ohip-and-get-health-card

# IFHP/IFH (Interim Federal Health Program)

- If refugee claim made at port of entry IFH coverage= usually immediate
- If refugee claim made after arriving -waiting period for IFH = 1-3 months
- Some other immigration statuses are eligible to apply for IFH separately and are approved on a case-by-case basis (e.g. H&C)
- Do not need to wait for "brown paper" with photo, can use UCI # located on the top of "Letter of Acknowledgement of Claim"
- Some healthcare providers do not accept IFH as it requires a separate billing process
- For clients in need of expedited UCI# can email IRCC at IRCC.IFHP-PFSI.IRCC@cic.gc.ca and request "Acknowledgement of Refugee Claim and confirmation of IFH"



Application Number

#### ACKNOWLEDGEMENT OF CLAIM AND NOTICE TO RETURN FOR INTERVIEW

Given Name

This notice acknowledges that the Government of Canada received your refugee claim on

You are now eligible for health care coverage under the Interim Federal Health Program (IFHP). You are required to undergo an Immigration Medical Examination as part of your refugee claim. The IFHP

You are required to return for an interview with respect to your refugee claim. The details are as follows

Time

- · 4 original passport-sized photographs

If you are under 18 years of age, you must be accompanied by a parent or legal guardian if he or she reside

If you do not appear for your interview, your IFHP coverage may be terminated. In refugee claim may subsequently be determined to have been abandoned in which case you will be

Note – If you pay for any medical services or products, you will not be reimbursed

Health care providers in Canada MUST verify the eligibility of the individual with the IFHP claims administrator, Medavie Blue Cross, before providing services. Medavie Blue Cross may be contacted by telephone at 1-888-614-1880, by facsimile at 506-867-4651 or through their website at https://www.medaviebc.ca/en/health-professional

Canada

IMM 5985 (10-2019) E GCMS



Source: https://irb.gc.ca/en/applying-refugee-protection/Pages/index.aspx PWA Intake Process: https://www.pwatoronto.org/become-a-client/

# IFHP/ IFH (Interim Federal Health Program)

#### **Basic coverage**

(similar to health-care coverage from provincial or territorial health insurance plans)

- · in-patient and out-patient hospital services
- services from medical doctors, registered nurses and other health-care professionals licensed in Canada, including pre- and post-natal care laboratory, diagnostic and ambulance services

#### Supplemental coverage

(similar to the coverage given to social assistance recipients by provincial and territorial governments)

- limited vision and urgent dental care
- · home care and long-term care
- services from allied health-care practitioners: psychotherapists, counselling therapists, occupational therapists, speech language therapists, physiotherapists
- assistive devices, medical supplies and equipment:
  - · orthopedic and prosthetic equipment
  - mobility aids
  - hearing aids
  - diabetic supplies
  - incontinence supplies
  - oxygen equipment

List of IFHP providers across Ontario: <a href="https://ifhp-pfsi.medavie.bluecross.ca/wp-">https://ifhp-pfsi.medavie.bluecross.ca/wp-</a>

content/uploads/sites/7/2022/01/PE-2021-12-17.pdf

IFHP Benefits Summary: https://www.canada.ca/en/immigration-refugees-

<u>citizenship/services/refugees/help-within-canada/health-care/interim-federal-health-program/coverage-summary.html</u>

#### **Prescription drug coverage**

(similar to the coverage provinces and territories give to social assistance recipients)

prescription medications and other products listed on provincial/territorial public drug plan formularies

#### **Coverage for the Immigration Medical Exam (IME)**

All beneficiaries are covered for **one IME** and any necessary IME-related diagnostic tests.

\*The benefits covered by the IFHP have certain limits including maximum dollar amounts.

# HIV and impacts on income/ housing opportunities

- ► HIV + clients on IFH are eligible for Ontario Works (OW) AND Ontario Disability Support Program (ODSP) most newcomers meet financial eligibility criteria for both social assistance programs
- HIV + automatically eligible for ODSP and straightforward ODSP application (only medical documentation required is positive HIV lab result) as HIV is currently an eligible disability in Ontario
- expedited ODSP application approval (6-8 weeks) through AIDS Service Organization- Toronto People With AIDS Foundation (PWA) rather than 6-8 month wait-time for other disabilities- must live in M postal code
- Additional housing pathways, coordinated housing applications, specialized housing organizations serving people living with HIV (Fife House, LOFT/ McEwan)
- Additional benefits may apply Special Diet Allowance through ODSP, Terminally III Priority Housing Application etc.



# The Newcomer Experience – Living with HIV in Toronto

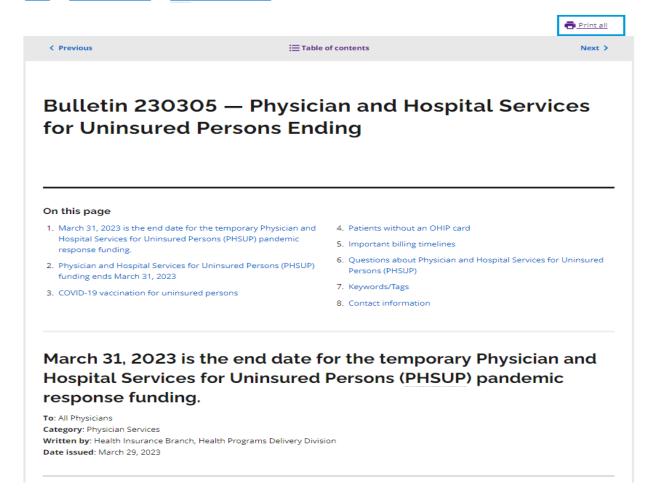
- Precarious housing- shared living /roommates, couch surfing, hotels, Air BnBs, shelter system
- Language and cultural barriers
- Stigma around HIV and disclosure
- Limited health insurance and drug coverage
- Limited knowledge of available services & how to navigate systems
- Isolation and separation from family and/or friends
- Fear and distrust of government and health care system
- Financial strain- limited entitlement to work/ cash jobs, precarious employment, dangerous working conditions, minimal workers rights and limited recourse for abusive employers
- Mental health challenges- serious traumatic experiences in country of origin, fleeing war, conflict and persecution-homophobia, transphobia
- 2SLGBTQIA+ may be coming out/living authentically for the first time, can be a time of vulnerability due to limited experience & agency navigating queer relationships, target for coercion/ abuse, vulnerable to harmful relationship dynamics from partners with more social power/ privilege
- Limited understanding of context of sexual culture and recreational drug use, at risk to experiment with drugs without full knowledge or consent of substances







Home > Health and wellness > OHIP INFOBulletins 2023





**Source:** <a href="https://www.ontario.ca/document/ohip-infobulletins-2023/bulletin-23">https://www.ontario.ca/document/ohip-infobulletins-2023/bulletin-23</a>; physician-and-hospital-services-uninsured-persons#

#### UNINSURED PATIENTS

Inpatient fees (for staying in the hospital per day)

Standard ward: \$2800.00
 Newborn: \$1650.00
 Intensive care: \$4500.00

#### Outpatient fees (per visit)

Ambulance: \$240.00
Emergency visit: \$720.00\*
Outpatient clinic: \$640.00

Dialysis: \$992.00Lab: \$125.00\*\*

• Diagnostic imaging test clinic: \$400.00 + 2

\*OHIP rate

Please note that uninsured patients may be required to place a deposit with the hospital prior to service delivery. All uninsured patients will also receive a separate bill for physician's care.

Source: <a href="https://www.shn.ca/patients-visitors/hospital-fees/">https://www.shn.ca/patients-visitors/hospital-fees/</a>

Source: https://www.qch.on.ca/UninsuredandNon-

residentFees



## Hospital Fees for Patients without Canadian Provincial or Federal Health Insurance

For Uninsured Residents of Canada and Non-Residents of Canada

Effective April 1, 2021

#### **Hospital Outpatient Fees:**

Outpatient visit (Hospital appointments, each)

Uninsured resident of Canada \$302

Non-resident of Canada \$930

#### **Emergency visit (each visit)**

Uninsured resident of Canada \$302

Non-resident of Canada \$930

#### Other fees In Addition to Outpatient Visit fees:

#### Day Surgery (plus Hospital visit fee)

Uninsured resident of Canada:

Low: \$850

■ Medium: \$3,126

■ High: \$13,160

#### Non-resident of Canada:

Low: \$3,495

Medium: \$3,495

■ High: \$13,160

## Healthcare services for precariously insured

- 1. Free medical clinics for episodic, non-emergency care
- Only certain locations will accept visitors or students
- Please verify eligibility/ availability directly with each clinic due to changes post COVID-19
- Many clinics are by appointment only

#### LAST UPDATED: SEPTEMBER 17, 2018

#### Free Medical Clinics in the Greater Toronto Area for Uninsured Clients

#### Toronto

#### The West End Non-Insured Walk-In Clinic (NIWIC) Access Point on Jane

761 Jane St, 2nd Floor (Jane & Woolner)

DROP-IN ONLY, no appointments \*NO VISITORS OR STUDENTS SEEN\*

Monday & Thursday 4:00 pm - 7:30 pm

Nurse-led clinic. Midwife available on Thursdays.

Phone: 416-760-2810 Fax: 416-760-2811

http://accessalliance.ca/programs-services/primary-healthcare/walk-in-clinic/

#### Queen West-Central Toronto Community Health Centre

168 Bathurst St, Toronto (Queen & Bathurst)

(1) Same Day Clinic for People In Need

DROP-IN ONLY, no appointments Priority on Homeless, Youth and Uninsured

\*No Visitors or Students Seen\*

Monday & Wednesday: 1:00-3:00pm,

Doctors, nurses, counsellors available.

Phone: 416-703-8482 Ext. 2100

http://www.ctchc.com/

(2) IMAGINE Health Clinic (Run by University of Toronto Health Care Professional Students) DROP-IN ONLY, no appointments

\*STUDENTS AND VISITORS ACCEPTED\*

No diagnostic tests ordered or specialist referrals Saturday: 10:00-2:00pm

Please ring the door bell.

http://imagine-clinic.squarespace.com/clinic/

#### FC| Refugee Centre

208 Oakwood Avenue, Toronto (St. Clair & Oakwood)

BY APPOINTMENT ONLY (No Walk-Ins)

\*STUDENTS AND VISITORS ACCEPTED\*

Fridays 1:00 pm -5:00 pm and aturdays 9:00 am - 1:00 pm (except long weekends)

.ounsellors available. Printed 169-9754 Ext. 230

handouts on 3,469-2670

your table! www.fcjrefugeecentre.org/our-programs/for-

#### Mississauga and Scarborough

#### The Canadian Centre for Refugee and Immigrant Health Care

4158 Sheppard Avenue East, Scarborough (between Midland Ave. & Kennedy Rd.)

\*STUDENTS ACCEPTED\* Phone: 647-267-2176

Fax: 647-493-3121

https://www.healtheguity.ca/

#### (1) Community Volunteer Clinic (The

DROP-IN ONLY, no appointments

Family doctors and nurses available

Tuesday & Thursday: 5:00-8:00pm (last client seen at 7:30)

#### (2) SWAN Clinic

Provides Women's Health Check-Ups BY APPOINTMENT ONLY (No Walk-Ins)

Call 647-267-2176 Ext. 3

One Wednesday a month 4:00-7:00pm

#### Muslim Welfare Centre

Free Medical Clinics (two clinic locations) \*STUDENTS, VISITORS, REFUGEES & NEW IMMIGRANTS ACCEPTED\*

https://www.muslimwelfarecentre.com/causes/free-

Email: freeclinic@muslimwelfarecentre.com BY APPOINTMENT ONLY (No Walk-Ins) - Call 647-641-1027 to book appointments:

#### (1) Scarborough Location:

100 McLevin Avenue, Unit 2A Scarborough (Markham Rd. & McLevin)

#### (2) Mississauga Location:

780 Burnhamthorpe Road West, Unit 4 Mississauga (Mavis & Burnhamthorpe)

#### Tips for Uninsured Persons Needing Medical Care: Confirm eligibility & service information in this handout by

- contacting each clinic directly
- ⇒ Bring a list of your current medications & medical records if you have any
- These clinics are for "episodic care" medical care for specific health problems without ongoing follow-up
- Contact your local Community Health Centre (CHC) to ask about getting a primary care provider (family doctor or nurse practitioner). CHCs serve people who are uninsured.









We are providing appointments on a virtual care mode or via phone as need

ONLY BY APPOINTMENT:

Eli Ibarra eli.ibarra@fcjrefugeecentre.org by phone : 416-469-9754

208 OAKWOOD AVE. TORONTO ON www.fcjrefugeecentre.org



IMAGINE Clinic is now open for in-person visits, no appointment required.

Virtual appointments will continue to run.

Our clinic is located at **168 Bathurst St, Toronto**. We are open every **Saturday from 10 AM to 2 PM** (except holidays and long weekends).

Book Appointment >

About Our Clinic >

For any **medical emergencies**, please call 9-1-1 or visit your closest emergency department.





## The Non-Insured Walk-in Clinic (NIWIC)

#### What can a person expect at the NIWIC?

The NIWIC offers timely, confidential primary care and support at no charge. We offer a combination of walk-in and appointment-only service. The NIWIC is a welcoming space for non-status residents of Toronto.

#### NIWIC services include:

- · Primary care and support
- Referral to other health care providers/ specialists, if required
- · Midwives for prenatal care
- · Health coaching and peer support
- · Interpretation available as needed

#### Who can use the NIWIC?

#### You can use the NIWIC if you:

- Are a resident of Toronto, and
- · Do not have a family doctor, and
- Do not have current coverage under the Ontario Health Insurance Program (OHIP), Interim Federal Health Program (IFHP), or Ontario Temporary Health Program (OTHP) or private health insurance

#### You cannot use the NIWIC if you are:

- On vacation
- A tourist
- · An official visa holder

Please bring a list of your medications and any medical records.

#### When is the NIWIC open?

Walk-in clinic, no appointment required

Mondays & Thursdays: 12:30 p.m. to 7 p.m.

• Midwife services available Thursdays: 12 p.m. to 7:30 p.m.

Call ahead to book: Appointments can only be booked by clients who have visited our walk-in clinic at least once.

Tuesdays: 9:30 a.m. to 12 p.m. Wednesdays 1 p.m. to 4 p.m. Fridays: 9:30 a.m. to 4:30 p.m. The NIWIC is closed on statutory holidays.

#### Where is the NIWIC located?

AccessPoint on Jane, 761 Jane Street (2nd Floor)
Toronto, ON M6N 4B4 | 416-760-8677
(Jane St & Woolner Ave is the closest major intersection.)

New Beginnings for Newcome





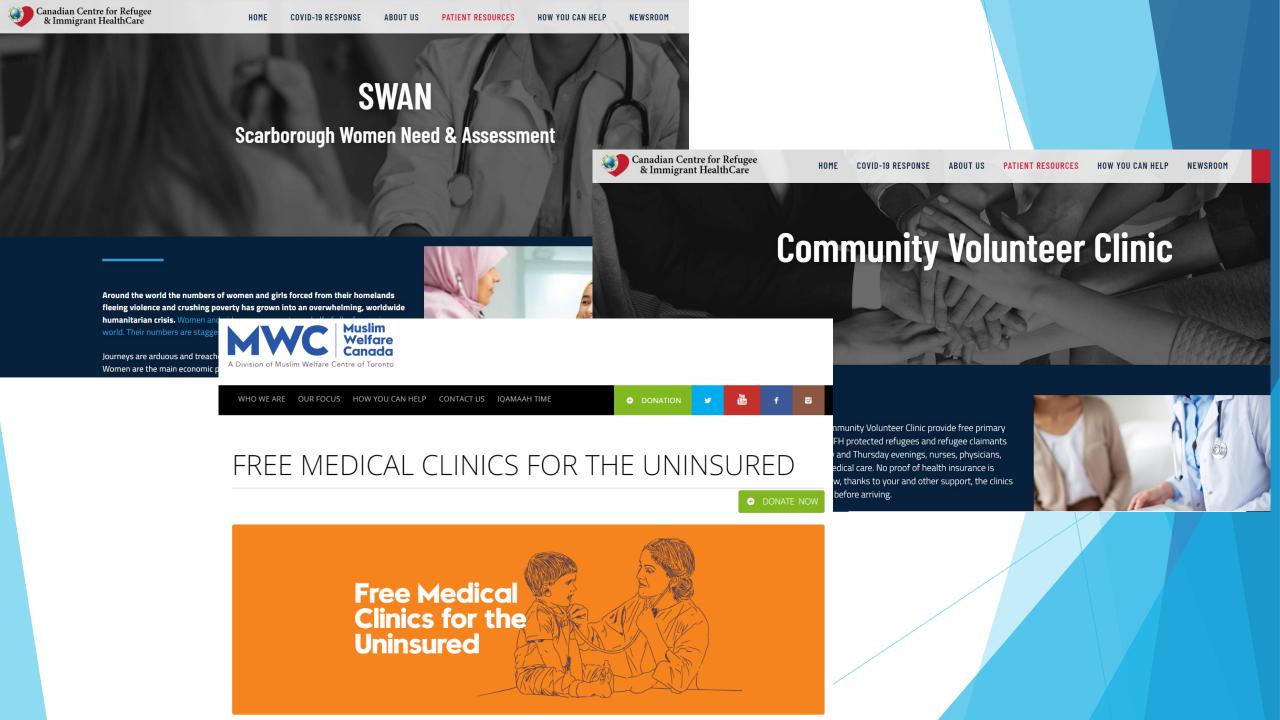


**Source:** <a href="https://www.fcjrefugeecentre.org/our-programs/settlement-programs/health-clinic/">https://www.fcjrefugeecentre.org/our-programs/settlement-programs/health-clinic/</a>

Link: <a href="https://www.imagineclinic.ca/">https://www.imagineclinic.ca/</a>

**Link:** https://accessalliance.ca/programs-services/primary-health-care-services/non-insur

walk-in-clinic/



# Healthcare services for precariously insured

- 2. Virtual emergency room services are available online through University Health Network Hospitals and Sunnybrook Hospital. No health card required, translation services available.
- Patient must be located in Ontario at time of virtual appointment.
- Booking for virtual Toronto emergency room visits opens daily at 7 a.m. for same-day appointments.
- Visit <a href="https://www.torontovirtualed.ca/">https://www.torontovirtualed.ca/</a>



#### Welcome to

### **Toronto's Virtual Emergency Department**



Toronto's Virtual Emergency Department offers online urgent care services from emergency doctors across Toronto. Same-day appointments available seven days a week.

#### **Participating Sites**





#### Jump To:

- · Who can use this service?
- . When should I visit an Emergency Department in person?
- · When are virtual ED visits available?
- · What can I expect at the virtual ED visit?
- · What do I need for my virtual visit?
- How do I book

#### Who can use this service?

You can book a virtual ED visit if you:

- · Cannot make an urgent appointment with a family doctor or nurse practitioner
- . Have an urgent medical problem that is not life threatening
- · Are physically located in Ontario at the time of the appointment

Printed handouts on your table!

# Healthcare services for precariously insured

- 3. Sexual Health Clinics offer free testing and treatment for Sexually Transmitted Infections (STIs) for non-insured people.
- ► Toronto Sexual Health Clinics: <a href="https://www.toronto.ca/community-people/health-wellness-care/health-clinics/sexual-health-clinics/">https://www.toronto.ca/community-people/health-wellness-care/health-clinics/sexual-health-clinics/</a>
- ▶ Peel Sexual Health Clinics: <a href="https://www.peelregion.ca/health/sexuality/clinics/cli-locations.htm">https://www.peelregion.ca/health/sexuality/clinics/cli-locations.htm</a>
- York Region Sexual Health Clinics: <a href="https://www.york.ca/health/sexual-health/sexual-health-clinics">https://www.york.ca/health/sexual-health/sexual-health-clinics</a>
- Durham Region Sexual Health Clinics: <a href="https://www.durham.ca/en/health-and-wellness/sexual-health.aspx#Clinic-locations-and-hours">https://www.durham.ca/en/health-and-wellness/sexual-health.aspx#Clinic-locations-and-hours</a>
- 4. Most Community Health Centres (CHCs) will accept clients <u>once visitor visa is expired.</u> Find a CHC: <a href="https://www.health.gov.on.ca/en/common/system/services/chc/locations.aspx">https://www.health.gov.on.ca/en/common/system/services/chc/locations.aspx</a>

### List of Community Health Centres:

https://www.health.gov.on.ca/en/common/system/services/chc/locations

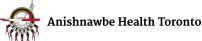




## **Community Health Centres (CHCs)**

- CHCs are non-profit organizations that provide primary health in combination with health promotion & illness prevention services
- They provide a multidisciplinary approach to health and well being
- They serve people most at risk for poor health outcomes e.g. low income individuals, newcomers, people with mental health issues etc.
- Eligibility criteria usually catchment area (sometimes expanded catchments for NFA or HIV+)
- They provide services to:
  - People in the federal refugee process
  - Clients who identify as homeless and have no access to OHIP/ID
  - Clients who reside in Ontario; however due to their immigration status are non-insured or undocumented
  - Temporary foreign workers without healthcare coverage
  - Clients with expired visitor visas































# Healthcare services for precariously insured

- 5. Visit the <u>Health Network for Uninsured Clients</u> website for more information about other healthcare services such as:
- pregnancy/ midwifery care
- abortion care
- mental health/ counselling
- dental care
- optometry
- intimate partner violence
- immunizations
- tuberculosis





Health Network for Uninsured Clients: https://www.hnuc.org/healthcare-se

## **Precariously Insured Resources**

#### **General**

- Access Alliance
- Settlement.org
- Steps to Justice
- CLEO (Community Legal Education Ontario)
- FCJ Refugee Centre <a href="https://www.fcjrefugeecentre.org/">https://www.fcjrefugeecentre.org/</a>
- Migrant Workers Alliance for Change <a href="https://migrantworkersalliance.org/">https://migrantworkersalliance.org/</a>
- Butterfly Asian and Migrant Sex Workers Support Network <a href="https://www.butterflysw.org/">https://www.butterflysw.org/</a>
- Workers' Action Centre <a href="https://workersactioncentre.org/">https://workersactioncentre.org/</a>
- Canadian Centre for Victims of Torture <a href="https://ccvt.org/">https://ccvt.org/</a>
- The Canadian Centre for Refugee & Immigrant Health Care <a href="https://www.healthequity.ca/">https://www.healthequity.ca/</a>
- The Caregivers' Action Centre (CAC) <a href="https://www.caregiversactioncentre.org/">https://www.caregiversactioncentre.org/</a>
- Centre for Spanish Speaking Peoples- Newcomer Settlement Program
- Low Cost Dental Care in Toronto

#### **HIV** specific

- Ontario HIV Directory for Newcomers <a href="https://helloontario.info/">https://helloontario.info/</a>
- HALCO- HIV & AIDS Legal Clinic Ontario <a href="https://www.halco.org/">https://www.halco.org/</a>
- Blue Door Clinic- <a href="https://www.bluedoorclinic.org/">https://www.bluedoorclinic.org/</a>
- Latinos Positivos- Settlement Support <a href="https://www.latinospositivos.ca/english/index.html">https://www.latinospositivos.ca/english/index.html</a>
- Black CAP- Refugee Settlement Coordinator <a href="https://blackcap.ca/programs-services/refugee-settlement-program/">https://blackcap.ca/programs-services/refugee-settlement-program/</a>
- Ethno-specific ASO programs: <u>APPA</u>, <u>ASAAP</u>, <u>ACAS</u>, <u>Centre Francophone</u>



Blue Door Clinic: <a href="https://www.bluedoorclinic.org/">https://www.bluedoorclinic.org/</a>

# Blue Door Clinic is located on the 2<sup>nd</sup> floor of Regent Park Community Health Centre Open every Monday 9:30am-12:30pm

- HIV primary care clinic for precariously insured persons living in the GTA
- 4-10 clients seen per week with additional nursing follow up visits in between clinics
- both newly diagnosed HIV+ clients and follow-up appointments
- clients receive care from multidisciplinary team (case manager, registered nurse, doctor/nurse practitioner, peer worker etc.).





## Our Purpose:

- Response to the growing reality that many individuals living in GTA, diagnosed with HIV have limited or no health insurance to secure the treatment/ testing now considered standards of care in Ontario
- Since 2017, service providers in Toronto reported an increase in this population and the need for service
- For example, Hassle Free Clinic, the largest provider of HIV testing services in Toronto, reported 40% of clients testing HIV-positive in 2017 had inadequate health insurance or no coverage at all including many people here as international students, people with visitor visas, work permits etc.





## **Our History:**

- In August 2019, The Blue Door Clinic opened for service at Regent Park Community Health Centre
  after a year of collaborative planning (and years of dreaming) amongst a group of community health
  providers, HIV service organizations and HIV activists with lived experiences.
- The group conducted community needs assessments and focus groups with affected community members to co-develop the clinic service model.
- 10 community agencies and groups came together and developed the Blue Door Clinic, with the goal of supporting People living with HIV & AIDS (PHAs) with limited or no health insurance.
- Partner agencies meet monthly as a Steering Committee and commit to contributing in-kind support such as physician/ nursing staffing support, administrative support, IT support, office space, human resources infrastructure etc.
- Other funding sourced through community donations, grant applications etc.



**Our Community Partners:** 











ONTARIO HIV TREATMENT NETWORK









CSSP Centre for Spanish Speaking Peoples

CGHH Centro para Gente de Habla Hispana









## **Our Clients:**

- provided HIV primary care to 250+ people since opening August 2019
- currently providing care to 120+ active patients
- face unique challenges and many intersections of marginalization
- 40 + different countries of origin
- 33% newly diagnosed with HIV
- 10% have advanced untreated HIV/AIDS





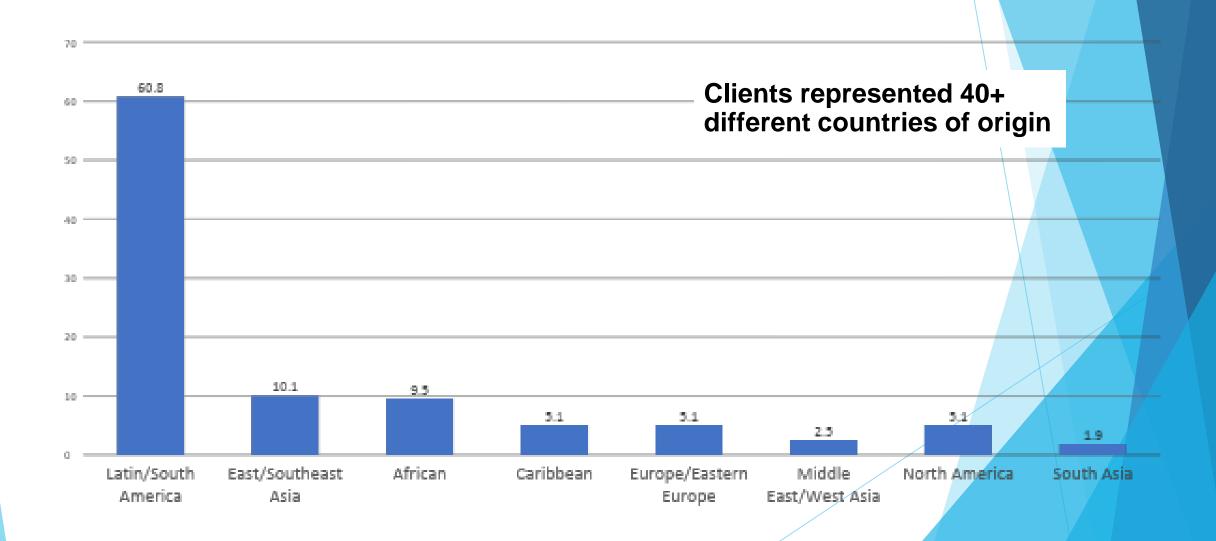
# **Client Demographics**

N = 159

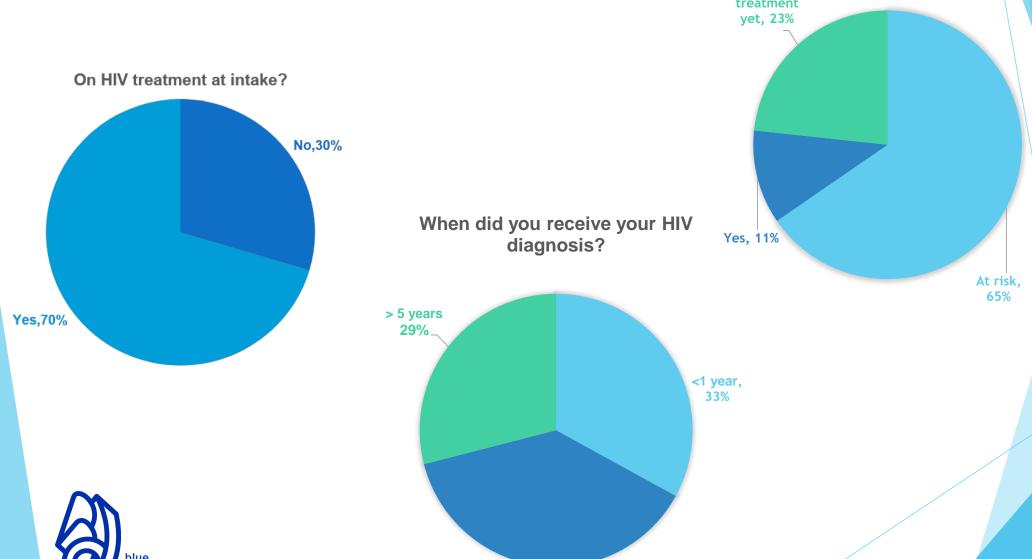
\* data from Sept 2019 - June 2022

Age (Mean, SD)	<b>33.87</b> , 8.56		
Gender  Male Female Transgender	142 ( <mark>89.3</mark> ) 14 (8.8) 3 (1.9)	Racial group  Black / African Caribbean Asian Latinx	25 (15.7) 22 (13.8) 102 ( <b>64.2</b> )
Sexual orientation Gay Bisexual Straight	125 ( <b>78.6</b> ) 13 (8.2) 21 (13.2)	White/Caucasian	10 (6.3
Immigration status		Prefer language use with providers	
No official status	18 (11.3)	English	62 (39.0)
Work permit	10 (6.3)	Spanish	73 ( <b>45.9</b> )
Student visa	34 (21.4)	Portuguese	16 (10.1)
Visitor visa	90 ( <b>56.6</b> )	Chinese (Mandarin + Cantonese)	6 (3.8)
Pending PR/PR	4 (2.5)	Other Languages	2 (1.2)
Naturalized Citizenship	3 (1.9)		

# **Countries of Origin**



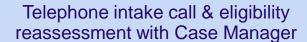
### **Accessing Care & Medication at Intake HIV** treatment interruptions? Not on treatment yet, 23% On HIV treatment at intake? No,30% When did you receive your HIV Yes, 11% diagnosis?



1-5 years, 38%



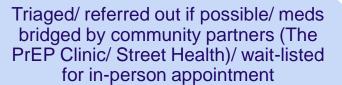
Referral received from community partner/ sexual health clinic/ ASO/ word of mouth etc.





## How it works...

Re-referral if status lost





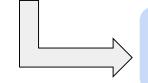
Weekly in-person clinics by appointment (booking 2-3 months in advance)



Provider time donated in-kind by partner agencies including peer interpreters (Spanish & Portuguese)



Referral for ongoing care when eligible (e.g. OHIP/ IFH/ expired visitor visa)
Case manager reviews options for accepting providers, initiates referral, record transfer/ warm handover, retention follow up

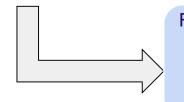


In-person appointment (first time appt vs. follow up appt)
Client sees 3 providers- Case Manager, Prescriber
(MD/NP) and RN



Service delivery = full HIV care and primary health care assessment, lab testing, diagnostics, vaccines, treatment initiation, medication access, TB skin test, referrals, psychosocial case management, counselling, referral to specialists etc.





Follow up between appointments- immunizations, new acute health issues, injuries, STIs, COVID, Mpox, TB skin test readings, advocacy letters for lawyers, engagement in care letters for Immigration Medical Exam (IME), ODSP/ Special Diet/ Medication Transportation Forms, WSIB forms, legal/ settlement/ housing/ immigration case management, mental health crisis, medication access etc.

## Clinic Services = HIV PRIMARY CARE

- HIV Primary care = family medicine + HIV specialist care
- health assessments provided by a doctor/ nurse practitioner
- treatment for HIV and other health conditions
- laboratory testing and coverage of laboratory fees
- immunizations
- connection to medication access programs
- referral to specialists, if needed
- referral to community supports (e.g. housing, legal, settlement etc.)
- referral to ongoing healthcare when eligible

All services FREE and confidential



## **Primary Care Needs**

- Holistic primary care:
  - mental health support
  - case management support
  - support related to social determinants of health
  - psychosocial support
  - legal/immigration/ settlement/ housing support
- HIV care that recognizes compounded barriers
- Non-HIV medical conditions:
  - 75% mental health care related to PTSD, trauma, depression, anxiety, addiction, ADHD, new HIV diagnosis etc.
  - 30-40% need medication for depression, ADHD or other mental health issues
  - 25-30% chronic conditions (e.g. hypertension, diabetes, lipid reduction agents)
  - 10-15% referrals to non-infectious disease specialists (Oncology, Dermatology, GI, Endocrine, Ophthalmology etc.)

## **HIV Primary Care Baseline Testing**

- Random Glucose
- Creatinine (eGFR)
- Sodium
- Potassium
- ALT, AST
- Alk Phosphatase
- Bilirubin
- Lipid Assessment
- CBC
- G6PD (glucose-6-phosphate dehydrogenase)
- Hb A1C
- Urinalysis
   <u>General Ministry of Health and Long Term Care</u>
   Laboratory Requisition
- Syphilis serology
- Varicella & MMR Immunity
- Cytomegalovirus serology
- Schistosomiasis serology
- Strongyloides serology
- Toxoplasmosis serology
- Hepatitis A serology
- Hepatitis C serology
- Hepatitis B Surface Antibody/ Surface Antigen/ Core Antibody serology
- Gonorrhea/ Chlamydia swabs (rectal/ throat), urine
   Public Health Laboratory Ontario General Requisition

HIV Viral Load
 <u>Public Health Laboratory Ontario HIV Viral Load</u>

 <u>Requisition</u>

- Absolute CD4, CD8 Count and CD4/ CD8 ratio
   Life Labs Flow Cytometry Requisition
- HIV Genotyping, Resistance, Tropism and HLA-B\*57:01 Abacavir Hypersensitivity Testing
  (select HIV Drug Resistance Testing, Integrase
  Resistance Testing & HLA-B\*5701)

  <u>Public Health Ontario Laboratory HIV Genotyping,</u>
  Resistance, Tropism, and HLAB\*57:01 Abacavir

Hypersensitivity Testing Requisition

# **HIV Primary Care Immunizations**

Tdap- IPV	0 months		
(Adacel/ Adacel- Polio	·		
Td-IPV	2 months later after Tdap-IPV		
(Td ADSORBED IM	6-12 months later		
PLUS + Imovax Poli	io SQ)		
MMR	Required: CD4 >200 cells/ml and CD4 >15%		
(Priorix SQ	0 months		
or M-M-R II SQ)	4 weeks later		
Varicella	Required: CD4 >200 cells/ml and CD4 >15%		
(VARIVAX III SQ	0 months		
or VARILRIX SQ)	4 weeks later		
*The combination mea	sles, mumps, rubella, and varicella (MMRV) vaccine has <u>NOT</u> been studied in immunocompromised hosts and shot	uld <u>NO</u> T be administere	d to people living with HIV
Hepatitis A	0 months		
(HAVRIX 1400 IM	6 months later		
or AVAXIM IM			
or VAQTA IM)			
Hepatitis B		Meningococcal (Me	en C ACYW)
•	cg Engerix IM = 40 mcg OR dialysis formulation Recombivax 40 mcg IM)	(Nimenrix IM	0 months
	0 months	or Menactra IM	2 months later
	1 month later	or MENVEO IM)	Booster every 5 years until age 55
	5 months later		One lifetime booster after age 56 may be given ≥5 years after last dose
	Titre in 1 month; If no response, repeat series		
	After repeat series, check titre in 1 month	HPV	0 months
	If no response, consider non-responder and susceptible	(Gardasil 9 IM)	2 months later
		(Gardasii 5 IM)	4 months later
Pneumococcal-C-13			4 months later
(Prevnar IM)	0 months	U	-ibla at any 50 arroad at any 65 arroid 7 at arrow (live)
	-P-23 has already been received, Pneu-C-13 should be given ≥1 year after the last dose of Pneu-P-23		gible at age 50, covered at age 65, avoid Zostavax (live)
**		(Shingrix IM)	0 months
Pneumococcal-P-23	If eligible for Prevnar, give Prevnar first		2-6 months later
(Pneumovax IM)	0 months OR 8 weeks after Prevnar		
	Booster every 5 years	Coronavirus (COV)	ID-19)
*PCV-13 (Prevnar 13)	vaccine and Men ACWY-D (Menactra) vaccine should NOT be administered simultaneously to persons with functio		1
When both Prevnar 13	and Menactra are indicated, Prevnar 13 should be administered first, followed by Menactra at least 4 weeks later.		2,
			3
			4
			5
		Seasonal Influenz	a Avoid live attenuated
			Annual
		Mpox Fo	r the Purposes of Pre-Exposure Prophylaxis (PrEP)
		(Imvamune SQ)	
		,	1 2 (2nd dose at least 28 days later)
			(2110 0000 00 10000 20 0010 10001)
		*Individuals who ha	ve been a confirmed case of Mpox in the current outbreak are NOT recommended to recei
		Individuals WIIV IIa	to been a committee case of ripox in the carrent outbreak are not recommended to recei

For the Purposes of Post-Exposure Prophylaxis (PEP), a single dose of the vaccine should be offered ideally within 4 days (up to 14 days) from the date

# HIV Patient Support Programs ("Drug Cards")

Pharmaceutical company <u>ViiV</u> covers the cost (for eligible clients) for HIV medications:

- ► Triumeq, Tivicay, Trizivir, Viracept, Retrovir, Telzir, Celsentri, Ziagen, Dovato
- ▶ ViiV Patient Support Program: <a href="https://www.viivsupports.ca/">https://www.viivsupports.ca/</a>.
- Call 1-855-525-5300 (Monday to Friday, 8 am-8 pm EST)



Pharmaceutical company <u>Gilead</u> covers the cost (for eligible clients) for HIV medications:

- Biktarvy, Complera, Descovy, Genvoya, Odefsey, Striblid
- ► Gilead Patient Support Program: <a href="https://mymaxsupport.ca/">https://mymaxsupport.ca/</a>.
- ► Call 1-855-711-4MAX (4629) between 8 am and 8 pm EST Monday to Friday.



Clients should call the Patient Support Program phone numbers rather than applying online. Cards can be ready to use within 2 hours of activation. Clients may be asked questions about their employment, immigration status etc. These questions are confidential, and are asked in order to assess people's financial eligibility. People without immigration status are eligible to apply.

Sometimes the client will not be offered 100% drug coverage. If this happens, advise the client to advocate for 100% drug coverage due to their financial situation. The Patient Support Programs will usually grant 100% coverage if asked. Most pharmacies require a Canadian prescription. Most pharmacies will NOT accept a prescription from another country.

## Referrals to services at discharge

N = 159

\* data from Sept 2019 - June 2022

N = 159	N(%)
Have you been referred to other community-based organizations?	
Yes	152 ( <b>95.6%</b> )
No	7 (4.4%)
If yes, Types of Referrals (Check all that apply)	
Mainstream ASO	140 ( <b>92.1%</b> )
Ethno-ASO/ Peer network	125 ( <b>82.2%</b> )
Legal	101 ( <b>66.4%</b> )
Social services (Settlement/Housing/Food)	49 (32.2%)
Community health centre	31 (20.4%)
HIV primary care physicians	22 (14.5%)
Other	2 (1.3%)

Community partnerships are at the centre of our success!



### **Blue Door Clinic Wise Practices:**

### What do clients say is working well at Blue Door Clinic?

Service providers are committed, compassionate, flexible and professional

Language specific services with support from Peer Navigators and Case Managers

Humane and affirming care where clients feel integrated into a support network

Holistic approach to case management addressing clinical and psychosocial needs

Timely and coordinated access to starting and bridging treatment access

Continued to operate (in fact increased hours) in person during/throughout pandemic



# **Our Impact:**

"....they are much more comprehensive in their medical care. And they don't just specialize in HIV and that's it. As the topic of the vision of health is much more holistic than you imagine. And the rest of those who work there, they also do it that way. The nurses, very empathic, very human, very helpful. Very sensitive. And the experiences make them change so much the self-esteem of the person who arrives, that normally you already carry the stigma of the disease. ...you find yourself with a totally different panorama in which they make you feel seen as a human being, this sensitive one and then that has great value in the treatment of those of us who have had this experience with the Blue Door Clinic...."

"I feel I did not only get treated as a patient, but I was integrated into a whole support network."



# **Challenges and Areas for Growth:**

#### Resource Related Factors:

- No core/ sustainable funding sources- rely on community partner donations/ pharma project based pilots/ PHAC and other grant sources
- Limited capacities for multilingual resource development

#### Operational Capacities:

- Limited access- clinic runs 1 morning per week- not client centred timing
- Lack of continuity of care due to rotational staff schedule
- Challenges co-ordinating follow up needs- one Clinic Nurse Coordinator for 120+ patients!
- Not designed for long term primary care provision
- Mandated restrictions -unable to care for non-insured HIV negative partners

#### Systems and Structures:

- Shift in focus to HIV prevention- prioritizing access to PrEP
- Call to "equalize"- disparity in access to HIV care for racialized/ marginalized populations
- Lack of ongoing funding for a growing, underserved population, especially post COVID, current provincial political climate, post March 31<sup>st</sup> end to hospital billing codes
- General shortage of HIV primary care providers accepting new patients and especially non-insured
- Lack of HIV experienced providers especially outside the GTA

# Who is eligible:

- Must be living with HIV
- 2. Must be living within the Greater Toronto Area (GTA)
- 3. Must be non-insured/ under-insured

#### This includes (but is not limited to) temporary immigration statuses such as:

- people with international student visas without an adequate health coverage plan
- people with work permits without an adequate health coverage plan and are NOT eligible for OHIP
- permanent residents who are ineligible for OHIP
- newcomers awaiting inland processing and review of their immigration and refugee applications
- people with active visitor visas
- Canadian-born individuals who do not have adequate identification due a variety of adverse life circumstances





### **Referral Process**

- Healthcare provider, community agency & self-referrals accepted
- Fax or email completed referral form
- 1 page referral form located on Blue Door Clinic website

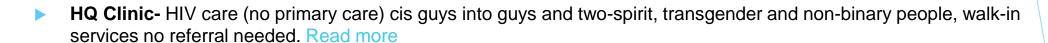
#### Located at Regent Park Community Health Centre 465 Dundas Street East, 2nd Floor, Toronto, Ontario M5A 2B2 Phone: 437-235-7423 Fax: 416-364-0822 includes (but is not limited to) temporary immigration statuses such as: migrant workers and those awaiting renewed contracts or work visas, newcomers awaiting inland processing and review of their immigration and refugee applications, individuals with active visitors visas who are not eligible for care through a community health centre. Canadian-born individuals who do not have adequate All services are free and confidential and include: HIV primary care/ health assessments provided by a doctor/ nurse practitione treatment for HIV and other health conditions, laboratory testing, immunizations, connection to medication access programs, referral to specialists (if needed), referral to community supports (e.g. housing, legal, settlement etc.), referral to ongoing healthcare when eligible https://www.bluedoorclinic.org/services Immigration Status nterpretation Required: ☐ YES / ☐ NO Is this person currently taking medication for the treatment of HIV? YES / NO ☐ HEALTHCARE PROVIDER Date of Referra Contact Person Additional Information Email completed form to: <a href="scarahi@regentparkcho.org">scarahi@regentparkcho.org</a> or Fax to: <a href="416-364-0822">416-364-0822</a> Attention: Blue Door Clinic Patients will receive an Intake call within 2 weests & medical appointment (pinose or in-person) within 1-2 months dependent upon clinic schedule & triage We do our deets to heasure all patients with existing prescriptions are bridged to avoid any gaps in treatment.



Referral Form:

# Non-insured HIV care partners within the GTA

- St. Michael's Hospital Positive Pregnancy Program, "P3"- clinic that is anonymously blended into and runs out of the prenatal clinic at St. Michael's. Sees individuals and couples in which one or both partners are HIV+, before (prepregnancy), during and/or after pregnancy. Referrals can be faxed to 416-867-3742 attention: Dr Yudin. To maintain Patient privacy, please put 'P3' on the cover page. Read more
- Women's Health in Women's Hands Community Health Centre- Specialize in the health and wellness needs of racialized women and prioritizes those from African, Caribbean, Latin American and South Asian communities. HIV primary care available. Email intake form to Irene irene@whiwh.com





Regent Park Community Health Centre- Wednesday One Stop Walk-In (WOW)- low barrier weekly walk-in clinic with a focus on providing care for people who are homeless, marginally housed, seniors with cognitive impairment and people with mental illness. Read more



Partnerships with private physicians/ clinics (e.g. Maple Leaf Medical, Church Wellesley Health Centre, The PrEP Clinic)





Inner City Health Associates –MD/NPs provide HIV care for clients experiencing homelessness, living in shelter system



Street Health- NPs provide primary care including HIV care for non-insured, people experiencing homelessness, harder to reach populations etc. Website





### Non-insured HIV care outside the GTA

- Most HIV care outside GTA provided in hospital outpatient clinics (e.g. London, Windsor, Kingston)
  - OHTN Rapid Linkage to Care Initiative covers cost of all non-public health labs, diagnostics, specialists (if enrolled)- Email <a href="mailto:sarahi@regentparkchc.org">sarahi@regentparkchc.org</a> to obtain client registration forms
- ONTARIO
  HIV TREATMENT
  NETWORK
- Hospital fees, consult fees need to be negotiated by outpatient clinic/ social worker or client negotiates directly with hospital billing department
- ▶ Blue Door Clinic/ OHTN working to address this gap after PHSUP pandemic response funding ended
- Many Community Health Centres (if client eligible e.g. expired visitor visa) do not provide HIV primary care services
- Hamilton area- The AIDS Network support workers can refer to ID specialist and cover fees
- Niagara area- no HIV care in region at all, all clients (insured and non-insured) referred to Hamilton Health Sciences Special Immunology Services (SIS) Clinic and local ASO- Positive Living Niagara arranges appointment transportation





When in doubt- contact local ASO re: accessing precariously insured HIV care within region

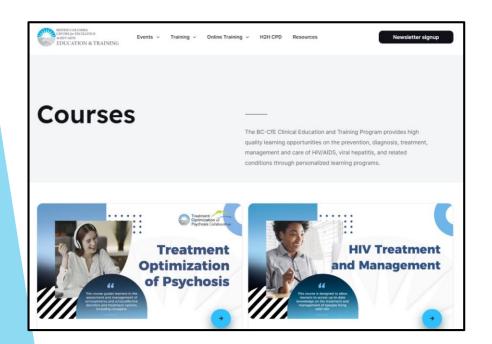
# **HIV Primary Care Resources**

#### Training:

Clinical Education and Training Programs
The BC Centre for Excellence in HIV/AIDS
<a href="https://education.bccfe.ca/">https://education.bccfe.ca/</a>

Accessing HIV care and resources for precariously and non-insured people living with HIV in Ontario- Training for service providers, February/ March 2021 Learnings from the Blue Door Clinic

https://www.bluedoorclinic.org/home/learningevent2021/



#### **Guidelines:**

Ontario Clinical Care Guidelines for Adults and Adolescents Living with HIV in Ontario

https://occguidelines.com/guidelines/

Therapeutic Guidelines: Primary Care Guidelines for the Management of HIV/AIDS in Adults in British Columbia

The BC Centre for Excellence in HIV/AIDS

https://www.bccfe.ca/therapeutic-guidelines/primary-careguidelines

### Federally Approved Clinical Practice Guidelines for HIV/AIDS

U.S. Department of Health and Human Services- "Clinical Info"

https://clinicalinfo.hiv.gov/en/guidelines

#### **Women-Centered HIV Care**

The Centre for Effective Practice

https://cep.health/clinical-products/hiv/

# Best Practice Guidelines- Caring for clients who are at risk for or living with HIV/AIDS

Canadian Association of Nurses in AIDS Care

https://canac.org/wp-

content/uploads/2015/11/CANAC\_BPG\_v2013.pdf

# **HIV Primary Care Resources**

#### **Medication:**

### Therapeutic Guidelines for Antiretroviral (ARV) Treatment of Adult HIV Infection

The BC Centre for Excellence in HIV/AIDS

https://bccfe.ca/therapeutic-guidelines/guidelines-antiretroviral-arv-treatment-adult-hiv-infection

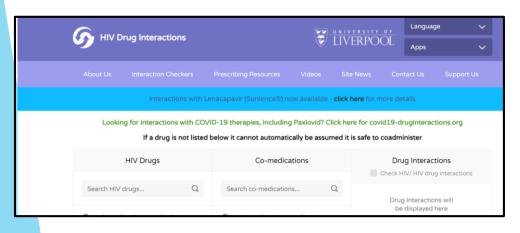
#### **HIV Drug to Drug Interaction Checker**

University of Liverpool

https://www.druginteractions.org/

#### Common HIV drugs available in Canada for adults

CATIE https://www.catie.ca/your-guide-to-hiv-treatment/common-hiv-drugs-available-in-canada-for-adults



#### Immunization:

**Immunize.org**- good website for nuanced vaccine questions <a href="https://www.immunize.org/search/?cx=017386553933306082099%">https://www.immunize.org/search/?cx=017386553933306082099%</a> 3A5o7di6h-q-e&cof=FORID%3A10&ie=UTF-8&q=HIV&sa=Search

### Guidelines for Immunizations for Preventable Diseases in Adults and Adolescents Living with HIV

U.S. Department of Health and Human Services- "Clinical Info" <a href="https://clinicalinfo.hiv.gov/en/guidelines/hiv-clinical-guidelines-adult-and-adolescent-opportunistic-infections/immunizations">https://clinicalinfo.hiv.gov/en/guidelines/hiv-clinical-guidelines-adult-and-adolescent-opportunistic-infections/immunizations</a>

#### **Basic HIV Primary Care - Immunizations in Adults**

U.S. Department of Health and Human Services – "The National HIV Curriculum"

https://www.hiv.uw.edu/go/basic-primary-care/immunizations/core-concept/all

### Immunization of immunocompromised persons- Table 5: Vaccination of HIV-infected persons

Canadian Immunization Guide

https://www.canada.ca/en/publichealth/services/publications/healthy-living/canadian-immunizationguide-part-3-vaccination-specific-populations/page-8immunization-immunocompromised-persons.html#a29

#### **Publicly Funded Immunization Schedules for Ontario**

Ontario Ministry of Health and Long Term Care

https://health.gov.on.ca/en/pro/programs/immunization/schedule.a

<u>p x</u>

### Let's connect

Sarah Ionson, RN, BScN, PDTN

Clinic Nurse Coordinator

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